

Caritas House

December 2021

Activities Calendar

Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
			9:30 am Tai Chi (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 11:00 am Music Ministry (T) 2:00 pm Elder's Choice (T,1,2) 3:00 pm Bingo (T)	9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Staff Meeting (2) 1:00 pm Wellness with Abbott 2:30 pm What's Cookin? (T) 3:30 pm Sewing Club (1)	9:30 am 10:00 am T.V. Mass (2) 1:00 pm Walks with Teresia 1:30 pm Wine Club (T) 3:00 pm Movie & Popcorn	9:30 am 10:00 am T.V. Mass (2) 11:00 am Terrace Garden Walks (T) 2:00 pm Snack & Hydration (T,1,2) 2:30 pm Men's Group (T) 4:00 pm Elder's Choice (T,1,2)
5 9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 1:00 pm Pets on Wheels (T,1,2) 2:30 pm Sunday Mass (T) 3:30 pm Garden Club (T)	6 9:30 am Balance Class (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 2:00 pm Elder's Choice (T,1,2) 3:00 pm Bingo (T) 4:00 pm Nature Walks (T)	7 9:30 am 10:00 am TV Mass (2nd) 10:30 am Daily News (1st) 12:30 pm Elder's Choice T,1,2 3:30 pm M. Christiansen (T)	8 9:30 pm Exercise (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 11:00 am Music Ministry (T) 3:00 pm Bingo (T) 4:00 pm Elder's Choice (T,1,2)	9 9:30 am Exercise (T) 10:00 am T.V. Mass (2) 10:30 am Staff Meeting (2) 1:00 pm Wellness with Abbott 2:30 pm Creative Crafts (T) 3:30 pm Sewing Club (1)	10 9:30 10:00 am T.V. Mass (2) 1:00 pm Walks with Teresia 1:30 pm Wine Club (T) 3:00 pm Movie & Popcorn	11 9:30 am 10:00 am T.V. Mass (2) 11:00 am Terrace Garden Walks (T) 2:00 pm Snack & Hydration (T,1,2) 2:30 pm Men's Group (T) 4:00 pm Elder's Choice (T,1,2)
12 9:30 am Exercise (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 1:00 pm Pets on Wheels (T,1,2) 2:30 pm Sunday Mass (T) 3:30 pm Garden Club (T)	13 9:30 am Tai Chi (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 2:00 pm Elder's Choice (T,1,2) 3:00 pm Bingo (T) 4:00 pm Elder's Choice (T,1,2)	14 9:30 am 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 2:30 pm Science Says (T) 3:30 pm Sewing Club (1)	15 9:30 am Tai Chi (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 11:00 am Music Ministry (T) 3:30 pm Billy Lynch (T) 4:30 pm Elder's Choice (T,1,2)	16 9:30 am Balance Class (T) 10:00 am T.V. Mass (2) 10:30 am Staff Meeting (2) 1:00 pm Wellness with Abbott 2:30 pm What's Cookin? (T) 3:30 pm Sewing Club (1)	17 9:30 am 10:00 am T.V. Mass (2) 1:00 pm Walks with Teresia 1:30 pm Wine Club (T) 3:00 pm Movie & Popcorn	18 9:30 am 10:00 am T.V. Mass (2) 11:00 am Nature Garden Walks (T) 2:00 pm Snack & Hydration (T,1,2) 2:30 pm Men's Group (T) 4:00 pm Elder's Choice (T,1,2)
19 9:30 am Tai Chi (T) 10:00 am TV Mass (2nd) 10:30 am Daily News (1) 1:00 pm Pets on Wheels (T,1,2) 2:30 pm Sunday Mass (T) 3:30 pm Garden Club (T)	20 9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 2:00 pm Nature Walks (T) 2:30 pm Christmas Tea (T) 4:00 pm Elder's Choice (T,1,2)	21 9:30 am 10:00 am TV Mass (2nd) 10:30 am Daily News (1) 11:00 am Nature Walks (T) 3:30 pm Country Singer (T)	22 9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 11:00 am Music Ministry (T) 3:30 pm Lynn Gambriell (T) 4:00 pm Elder's Choice (T,1,2)	23 9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Staff Meeting (2) 1:00 pm Wellness with Abbott 2:30 pm Creative Crafts (T) 3:30 pm Sewing Club (1)	24 9:30 am 10:00 am T.V. Mass (2) 1:00 pm Walks with Teresia 1:30 pm Wine Club (T) 3:00 pm Movie & Popcorn	25 Merry Christmas! 10:00 am T.V. Mass (2) 11:00 am Nature Walks (T) 2:00 pm Snack & Hydration (T,1,2) 2:30 pm Men's Group (T) 4:00 pm Elder's Choice (T,1,2)
26 9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 1:00 pm Pets on Wheels (T,1,2) 2:30 pm Sunday Mass (T) 3:30 pm Garden Club (T)	27 9:30 am Exercise (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 2:00 pm Nature Walks (T) 3:00 pm Bingo (T) 4:00 pm Elder's Choice (T,1,2)	28 9:30 am 10:00 am TV Mass (2nd) 10:30 am Daily News (1) 2:30 pm World Culture (T) 3:30 pm Sewing Club (1)	29 9:30 am Yoga (T) 10:00 am T.V. Mass (2) 10:30 am Daily News (1) 11:00 am Music Ministry (T) 2:00 pm Elder's Choice (T,1,2) 3:00 pm Bingo (T)	30 9:30 am Tai Chi (T) 10:00 am T.V. Mass (2) 10:30 am Staff Meeting (2) 1:00 pm Wellness with Abbott 2:30 pm New Year's Party (T) 3:30 pm Sewing Club (1)	31 New Years Eve! 10:00 am T.V. Mass (2) 1:00 pm Walks with Teresia 1:30 pm Wine Club (T) 3:30 pm "Mr. Sinatra" (T)	HAPPY NEW YEAR!

Please see Vicki Volkmar on the Terrace level Activity Room with any questions. vvolkmar@cc-md.org 667.600.2661