A strength-based program for adults

VILLA MARIA COMMUNITY RESOURCES

CATHOLIC CHARITIES IN ACTION

Skills for Success

Skills For Success is an Adult Psychiatric Rehabilitation Program (PRP) that provides a full range of services for individuals with mental health issues who have moderate to severe functional challenges.

FamilyServicesMD.org

Inspired by the Gospel mandates to love, serve and teach, Catholic Charities provides care and services to improve the lives of Marylanders in need.

Eligibility

- Any adult who has Medicaid, has been referred by their therapist and diagnosed based on clinical need.
- Must be actively involved in therapy.
- Service must be authorized by Beacon Health.

Goal

The overall goal of Skills For Success is to promote an individual's independence and recovery by learning to enhance their Daily Living Activities (DLA), socialization and community living skills using a strength-based and client-centered perspective.

Benefits

Skills for Success is designed to give individuals the skills they need to be successful in their home, work, and community.

This is generally accomplished through group activities, as well as individual and in-home services.

Skills for Success offers a variety of levels of service depending on a strength and needs assessment.

Participants learn skills in the following areas:

- Self-confidence
- Self-efficacy
- Housing stability
- Safety
- Time management
- Budgeting
- Money management
- Recovery/resilience
- Health practices
- Social networking
- Community resources
- Psycho-education
- Transportation
- Mental health

What happens next

- Ask to speak with the program supervisor or have your therapist make a referral.
- After authorization has been received, an intake appointment will be arranged with a therapeutic support specialist.
- The therapeutic support specialist will meet with you for an assessment which will determine the areas of support you need to assist in your recovery process.
- Transportation may be provided to groups but availability is limited.

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