RESIDENT ASSESSMENT TOOL

To be completed by a physician, certified nurse practitioner, registered nurse, or physician assistant within 30 days prior to admission, at least annually, & within 48 hours after a significant change of condition & each nonroutine hospitalization.

If this form is completed in its entirety by the Delegating Nurse/Case Manager (DN/CM), there is no need to complete an additional nursing assessment. If anyone other than the DN/CM completes this form, the DN/CM must document their assessment on a separate form.

An assisted living program may not provide services to an individual who at the time of initial admission requires: (1) More than intermittent nursing care; (2) Treatment of stage three or stage four skin ulcers; (3) Ventilator services; (4) Skilled monitoring, testing, & aggressive adjustment of medications & treatments where there is the presence of, or risk for, a fluctuating acute condition; (5) Monitoring for a chronic medical condition that is not controllable through readily available medications & treatments; or (6) Treatment for a disease or condition which requires more than contact isolation.
An exception is provided for residents who are under the care of a licensed general hospice program.

Resident: _____ DOB: _____ Assessment Date: _____

Primary Spoken Language: _____ ☐ Male ☐ Female

Allergies (drug, food, & environmental):

Current Medical & Mental Health Diagnoses:

Past Medical & Mental Health History:

Airborne Communicable Disease.

Test to verify the resident is free from active TB *(completed no more than 1 year prior to admission)*:

PPD Date: _____ Result: _____ mm OR Chest X-Ray Date: _____ Result: _____

Does the resident have any active reportable airborne communicable diseases? ☐ No ☐ Yes

(specify)

Vital Signs.

BP:_____ /_____ Pulse:_____ Resp:____ T:_____°F Height:____ft____in Weight:_____lbs

Pain? ☐ No ☐ Yes (specify site, cause, & treatment)

Resident: _____ DOB: _____ Assessment Date: _____

Neuro. Alert & oriented to: ☐ Person ☐ Place ☐ Time

Answers questions: ☐ Readily ☐ Slowly ☐ Inappropriately ☐ No Response

Memory: ☐ Adequate ☐ Forgetful - needs reminders ☐ Significant loss - must be directed

Is there evidence of dementia? ☐ No ☐ Yes (cause) _____

Cognitive status exam completed? ☐ No ☐ Yes (results) _____

Sensation: ☐ Intact ☐ Diminished/absent (describe below)

Sleep aids: ☐ No ☐ Yes (describe below) Seizures: ☐ No ☐ Yes (describe below)

Comments:

Eyes, Ears, & Throat. ☐ Own teeth ☐ Dentures Dental hygiene: ☐ Good ☐ Fair ☐ Poor

Vision: ☐ Adequate ☐ Poor ☐ Uses corrective lenses ☐ Blind - ☐ R ☐ L

Hearing: ☐ Adequate ☐ Poor ☐ Uses corrective aid ☐ Deaf - ☐ R ☐ L

Comments:

Musculoskeletal. ROM: ☐ Full ☐ Limited

Mobility: ☐ Normal ☐ Impaired → Assistive devices: ☐ No ☐ Yes (describe below)

Motor development: ☐ Head control ☐ Sits ☐ Walks ☐ Hemiparesis ☐ Tremors

ADLs: (S=self; A=assist; T=total) Eating: ___ Bathing: ___ Dressing: ___

Is the resident at an increased risk of falling or injury? ☐ No ☐ Yes (explain below)

Comments:

Skin. Intact: ☐ Yes ☐ No (if no, a wound assessment **must** be completed)

☐ Normal ☐ Red ☐ Rash ☐ Irritation ☐ Abrasion ☐ Other

Any skin conditions requiring treatment or monitoring? ☐ No ☐ Yes (describe condition & treatment)

Comments:

Respiratory. Respirations: ☐ Regular ☐ Unlabored ☐ Irregular ☐ Labored

Breath sounds: Right (☐ Clear ☐ Rales) Left (☐ Clear ☐ Rales)

Shortness of breath: ☐ No ☐ Yes (indicate triggers below)

Respiratory treatments: ☐ None ☐ Oxygen ☐ Aerosol/nebulizer ☐ CPAP/BIPAP

Comments:

Circulatory. History: ☐ N/A ☐ Arrhythmia ☐ Hypertension ☐ Hypotension

Pulse: ☐ Regular ☐ Irregular Edema: ☐ No ☐ Yes → Pitting: ☐ No ☐ Yes

Skin: ☐ Pink ☐ Cyanotic ☐ Pale ☐ Mottled ☐ Warm ☐ Cool ☐ Dry ☐ Diaphoretic

Comments:

Resident: _____ DOB: _____ Assessment Date: _____

Diet/Nutrition. ☐ Regular ☐ No added salt ☐ Diabetic/no concentrated sweets

☐ Mechanical soft ☐ Pureed ☐ Other _____ ☐ Supplements _____

Is there any condition which may impair chewing, eating, or swallowing? ☐ No ☐ Yes (explain below)

Is there evidence of or a risk for malnutrition or dehydration? ☐ No ☐ Yes (explain below)

Is any nutritional/fluid monitoring necessary? ☐ No ☐ Yes (describe type/frequency below)

Are assistive devices needed? ☐ No ☐ Yes (explain below)

Mucous membranes: ☐ Moist ☐ Dry Skin turgor: ☐ Good ☐ Fair ☐ Poor

Comments:

Elimination.

Bowel sounds present: ☐ Yes ☐ No Constipation: ☐ No ☐ Yes Ostomies: ☐ No ☐ Yes

Bladder: ☐ Normal ☐ Occasional Incontinence (less than daily) ☐ Daily Incontinence

Bowel: ☐ Normal ☐ Occasional Incontinence (less than daily) ☐ Daily Incontinence

(If any incontinence, describe management techniques)

Comments:

Additional Services Required. ☐ No ☐ Yes (indicate type, frequency, & reason)

☐ Physical therapy ☐ Home health ☐ Private duty ☐ Hospice ☐ Nursing home care ☐ Other

Comments:

Substance Abuse. Does the resident have a history of or current problem with the abuse of medications, drugs, alcohol, or other substances? ☐ No ☐ Yes (explain)

Comments:

Psychosocial.	**KEY: N** *= Never* **O** *= Occasional* **R** *= Regular* **C** *= Continuous*				
	N	**O**	**R**	**C**	**Comments**
Receptive/Expressive Aphasia					
Wanders					
Depressed					
Anxious					
Agitated					
Disturbed Sleep					

Resident: _____ DOB: _____ Assessment Date: _____

Psychosocial. **KEY: N** *= Never* **O** *= Occasional* **R** *= Regular* **C** *= Continuous*					
	N	**O**	**R**	**C**	**Comments**
Resists Care					
Disruptive Behavior					
Impaired Judgment					
Unsafe Behaviors					
Hallucinations					
Delusions					
Aggression					
Dangerous to Self or Others					*(if response is anything other than never, explain)*

Awake Overnight Staff. Based on the results of this assessment & your clinical judgment, indicate if the resident requires monitoring by awake overnight staff: ☐ Yes ☐ No (explain your reason)

Health Care Decision-Making Capacity. Indicate the resident's highest level of ability to make health care decisions:
☐ Probably can make higher level decisions *(such as whether to undergo or withdraw life-sustaining treatments that require understanding the nature, probable consequences, burdens, & risks of proposed treatment)*
☐ Probably can make limited decisions that require simple understanding
☐ Probably can express agreement with decisions proposed by someone else
☐ Cannot effectively participate in any kind of health care decision-making

Ability to Self-Administer Medications. Indicate the resident's ability to take his/her own medications safely & appropriately:
☐ Independently without assistance
☐ Can do so with physical assistance, reminders, or supervision only
☐ Needs to have medications administered by someone else

General Comments.

Health Care Practitioner's Signature: _____ Date: _____

Print Name & Title: _____

Resident: _____ DOB: _____ Assessment Date: _____

Skip this box if you are not the Delegating Nurse/Case Manager (DN/CM).

When the DN/CM completes this entire Resident Assessment Tool, including this box, there is no need to document a separate nursing assessment.

Has a 3-way check (orders, medications, & MAR) been conducted for all of the resident's medications & treatments, including OTCs & PRNs? ☐ Yes ☐ No (explain below)

Were any discrepancies identified? ☐ No ☐ Yes (explain below)

Are medications stored appropriately? ☐ Yes ☐ No (explain below)

Has the caregiver been instructed on monitoring for drug therapy effectiveness, side effects, & drug reactions, including how & when to report problems that may occur? ☐ Yes ☐ No (explain below)

Have arrangements been made to obtain ordered labs? ☐ Yes ☐ No (explain below)

Is the resident taking any high risk drugs? ☐ No ☐ Yes (explain below)

For all high risk medications (such as hypoglycemics, anticoagulants, etc), has the caregiver received instructions on special precautions, including how & when to report problems that may occur? ☐ Yes ☐ No (explain below) ☐ N/A

Is the environment safe for the resident? ☐ Yes ☐ No (explain below)

(Adequate lighting, open traffic areas, non-skid rugs, appropriate furniture, & assistive devices.)

Comments:

DN/CM's Signature: _____ Date: _____

Print Name: _____

Six months after this assessment is completed, it must be reviewed.
If significant changes have occurred, a new assessment must be completed.
If there have been no significant changes, simply complete the information below.

***Six-Month Review** Conducted By:*

Signature: _____ *Date:* _____

Print Name & Title: _____

Resident: _____ DOB: _____ Date Completed: _____

PRESCRIBER'S SIGNED ORDERS

(You may attach *signed* prescriber's orders as an alternative to completing this page.)

ALLERGIES (list all): _____

MEDICATIONS & TREATMENTS:
List all medications & treatments, including PRN, OTC, herbal, & dietary supplements.

Medication/Treatment Name	*Dose*	*Route*	*Frequency*	*Reason for Giving*	*Related Monitoring & Testing (if any)*
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					

Resident: _____ DOB: _____ Date Completed: _____

17.					
18.					
19.					
20.					
21.					
22.					
23.					
24.					
25.					

LABORATORY SERVICES:

Lab Test	*Reason*	*Frequency*
1.		
2.		
3.		
4.		
5.		
6.		

Total number of medications & treatments listed on these signed orders? _____

Prescriber's Signature: _____ Date: _____

Office Address: _____ Phone: _____