

## WHAT HAPPENS Next

- Ask to speak with the program supervisor or have your therapist call to make a referral.
- A skilled Therapeutic Support Specialist will conduct a consultation with you and your child to assess the child's strengths and needs. This assessment will determine the plan of action that will move you and your child toward success.
- Your child may be assigned to a group or individual services in our clinic, in your home and/or in the community.
- The group and individual activities are designed to focus on skills training using activities and role playing techniques.
- Transportation may be provided to groups but availability is limited.

## Villa Maria COMMUNITY RESOURCES

- Villa Maria of Anne Arundel County:  
667-600-2494
- Villa Maria of Baltimore City  
Fallstaff: 667-600-3210  
Miller's Court: 667-600-2400
- Villa Maria of Baltimore County  
Lansdowne: 677-600-3984  
Dundalk: 410-282-9430  
Towson: 667-600-2331
- Villa Maria of Carroll County:  
410-848-2037
- Villa Maria of Frederick County:  
667-600-3310
- Villa Maria of Harford County:  
667-600-3220
- Villa Maria of Mountain Maryland  
Allegany and Garrett Counties:  
301-777-8685
- Villa Maria of Washington County:  
301-733-5858

[FamilyServicesMD.org](http://FamilyServicesMD.org)

VILLA MARIA  
COMMUNITY  
RESOURCES

CATHOLIC CHARITIES IN ACTION

Inspired by the Gospel mandates to love, serve and teach, Catholic Charities provides care and services to improve the lives of Marylanders in need.

VILLA MARIA  
COMMUNITY  
RESOURCES

CATHOLIC CHARITIES IN ACTION



# Skills for Success

A strength-based behavioral  
training program for youth



## SKILLS FOR SUCCESS

# Eligibility

- A youth or child who has Medicaid or MD-CHP, has been referred by their therapist and diagnosed based on clinical need.\*
- Must be actively involved in therapy.
- Service must be authorized by Beacon Health Options.

\* Acceptance is not guaranteed even if the above qualifications are met.



*My daughter has benefited from the group. I noticed that she has applied the skills she learned at home and in school.*

—A mother

*The group helps to make my anger better so when people make fun of me, I don't hit them anymore; I just walk away.*

—A six-year-old participant



*I learned to listen to what others are saying to me and I've made new friends.*

—A twelve-year-old participant



## SKILLS FOR SUCCESS

# Goals

Skills for Success services are for children and adolescents, ages 5-17, who experience behavioral or emotional challenges in several areas. The goal is to build resilience and improve the child's behavior and performance at home and in school by teaching him or her appropriate social skills and coping strategies.

### Youth will learn to:

- Cooperate with others
- Resolve conflict
- Manage their behavior and feelings
- Organize their work and belongings
- Solve problems
- Develop social skills
- Manage their time
- Care for themselves
- Build self-confidence

## SKILLS FOR SUCCESS

# Benefits

Skills for Success is designed to give children the skills they need to be successful in their home, school and community.

This is generally accomplished through group activities, as well as individual and in-home services.

Skills for Success offers a variety of levels of service depending on a strength and needs assessment including parent/caregiver input. Services are provided after school hours with some exceptions.